



Tried & True
www.tried-and-true.com

Organic Edibles

Spring 2019



Organic Edibles



ARTICHOKE
Imperial Star
Conically shaped; thick meaty petals; thornless; high yielding.



ARUGULA
Adagio
Uniform; bolt tolerant; robust; nutty flavour; extended harvest.



BEANS, GREEN
Jade
5-7" straight pods; tender & sweet; good yields; stringless beans.



BEETS
Detroit Supreme
Deep red roots with smooth, medium tops. Heirloom.



BROCCOLI
Emerald Crown
Dense, uniform heads; high yielding crowns. Compact plant.



BROKALI
Atlantis
Hybrid cross between broccoli and kale. Small sweet heads.



BRUSSELS SPROUTS
Gustus F1
Heavy harvests of round sprouts, Firm texture.



CABBAGE
Farao
Early producing; medium 3-5 lb heads; uniform; disease resistant. Holds well.



CABBAGE
Savoy, Famosa F1
Heavily savoyed; tender, tasty leaves; sweetens in cold.



CANTALOUPE
Athena F1
Early maturing; good yields; 5-6 lb fruit; outstanding flavour.



CAULIFLOWER
Bishop F1
Bright white heads; heavy & dense curds; strong vigour.



COLLARDS
Tiger
Upright; high bolt tolerance; fast regrowth; dark, slightly wavy leaves.



CORN
Krispy King
Outstanding quality; superb crispness and super sweet tasting.



CUCUMBER
Long English Sweet Success
Past AAS winner; seedless; burpless and bitter-free cucumbers.

Inspired by

Nature



CUCUMBER
Pickling
Calypso F1
Medium dark green fruit; early maturing.



EDAMAME
Lucky Lion
High yields; high quality; excellent nutty taste, non-GMO.



EGGPLANT
Emerald Isle
Heavy cropping; small pale and dark green veining fruit; compact.



EGGPLANT
Nadia F1
Glossy; uniform; teardrop shaped fruit; produces high yields.



KALE
Lacinato Black Magic
Heirloom; long, blackish dark blue-green leaves.



KALE
Redbor
Heirloom. Finely curled; dark red; 18- 24" tall; vigorous.



KALE
Vates Blue Curled
Highly decorative; curly blue-green fringed leaves.



LETTUCE
Gourmet Salad Blend
Gourmet blend of red leaf, romaine and butterhead.



LETTUCE
Butterhead Continuity
French heirloom; bronze/red outer leaves; 8-12" wide.



LETTUCE Leaf
Bergam's Green MT
Tight uniform heads; slow to bolt; holds well.



LETTUCE Leaf
New Red Fire MT
Frilly leaves with red margins; slow to bolt.



LETTUCE
Romaine Parris Island Cos 454
Hearty heads for Caesar salads.



LETTUCE
Romaine Rouge d'Hiver
Heirloom; red-brown, flat, smooth leaves.



PEAS
Snap Sugar Ann
Extra early; no trellising required; sweet and crisp.



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PEPPER
Bell
King Arthur
Jumbo, block shaped 5" green and red fruit.



PEPPER
Hot
El Jefe
Jalapeno type; high yields; low maintenance.



PEPPER
Hot
Habanero Rojo
Extremely hot; intense heat; red acorn-sized fruit.



PEPPER
Hot
Thai Dragon
Very spicy; high yields of slender red peppers.



PUMPKIN
Dill's Atlantic Giant
Variety of the present world record holder.



RADICCHIO
Sirio
Uniform heads; slightly bitter but sweetens in cooler temperatures.



SPINACH
Santorini F1
Semi-savoy type; densely textured; dark green leaves; tolerant of bolting.



SQUASH
Winter
Buttercup
Burgess
Thin, hard rind; fiber free; quality fruit that holds.



SQUASH **Winter**
Butternut
Waltham
High yields; 3-6 lbs; rich, creamy flesh with nutty flavour.



SQUASH
Zucchini
Buckingham
Attractive yellow fruit variety; strong frame; tidy habit.



SQUASH
Zucchini
Noche F1
Very dark green fruit; good yields all season long.



STRAWBERRY
Berries Galore
Ever-bearing; early blooming; mid-sized red berries; premium flavour.



SWISS CHARD
Bright Lights
Past AAS winner; attractive; sturdy; colourful and exceptional taste.



TOMATILLO
Grande Rio Verde
Husk tomato; high yielding; firm, round fruit; excellent flavour.

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**TOMATO
Beefsteak**
1-2 lbs meaty fruit;
juicy; flavourful;
good slicing type.
Staking needed.



**TOMATO
Candyland**
Dark red, sweet
flavored "currant"
type tomatoes.
Tidy habit.



**TOMATO
Celebrity**
Reliable producer;
large, meaty fruit;
disease resistant .
Staking needed.



**TOMATO
Early Girl**
4-6 oz fruit; bright
red; meaty; early
fruiting. Staking
needed.



**TOMATO
Grape,
Sweethearts**
Productive; super
sweet; 1.5" grape-
shaped fruit.



**TOMATO
La Roma**
Early and heavy
yields of 3-4 oz
fruit . Vigorous
and uniform
plants.



**TOMATO
Legend**
Early maturing and
large sweet fruit.
Resistant to races
of late blight.



**TOMATO
Lemon Boy**
Globe-shaped;
bright yellow;
 slicer; mildly
sweet. Staking
needed.



**TOMATO
Little Bing**
Dwarf determinate
plant. Large yields
of red cherry
tomatoes.



**TOMATO
Patio F1**
Large 4 oz fruit;
dark green foliage;
perfect for
container planting.



**TOMATO
Red Cherry**
Bright red; sweet
and juicy; 0.75-1"
size fruit. Staking
needed.



**TOMATO
Sugar Gloss**
Cherry sized
tomato; very
sweet; very good
yields. Staking
needed.



**TOMATO
Sungold**
Golden orange
cherry tomato;
very sweet and
juicy. Staking
needed.

**TOMATO
Super Fantastic**
Heavy yields of
great tasting 8 - 12
oz fruit. Staking
needed.

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TOMATO
Sweet 100
Popular; very sweet; small 1" red fruit. Staking needed.



TOMATO
Sweet Million
TMV FN
Small, sweet red tomato; vigorous. Staking needed.



TOMATO
Sweet 'n Neat Red
Extra compact; high yields; perfect for containers.



TOMATO
Tumbler
Heavy yields; cascading habit; great for hanging baskets.



TOMATO
Heirloom, Black Cherry
Deep purple-black, 1" tomato; excellent taste. Staking needed.



TOMATO
Heirloom, Black Prince
Deep garnet; round 2" juicy slicer tomato; rich fruity flavour .



TOMATO
Heirloom, Green Grapes
Unusual sweet flavour; 1" yellow-green fruit. Staking needed.



TOMATO
Heirloom, Mortgage Lifter
Pink-red 1-3 lb beefsteak; meaty; flavourful. Staking.



TOMATO
Heirloom, San Marzano
3" deep red fruit; plum; best paste tomato. Staking.



WATERMELON
Sugar Baby
Very sweet and crisp; compact vines; 6-10 lbs fruit.



BASIL
Italian Genovese
Classic sweet Italian pesto basil; aromatic; good yields.



BASIL
Red Rubin
Large flat, dark red to purple leaves; sweet and spicy flavour.



BASIL
Thai
Small, green, narrow leaves; subtle licorice-like flavour.



CHIVES
Continual harvest throughout summer until frost; pretty purple flowers.



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CILANTRO
Santo

Grows to 12-24" tall; fast growing; slow to bolt; aromatic; dark green leaves.



DILL
Fernleaf

Dwarf variety; grows to 18-24" tall; fine leaves; easy to maintain. Great flavour.



LAVENDER
Bandera

Compact habit with good branching and uniformity; flowers all season.



LAVENDER
Bandera Pink

Compact habit with good branching and uniformity; flowers all season.



LEMON
VERBENA

Fast growing plant. Intense lemon scent; essential oil; perfect for tea.



MARJORAM

Delicate sweet yet spicy flavour; milder yet sweeter version of oregano; low growing.



MINT
Mojito

Prized variety for the popular Cuban drink; very fragrant; low maintenance.



OREGANO

Bushy plant with pale pink flowers; easy to maintain; versatile herb and flavour.



PARSLEY
Dark Italian Flat Leaf

Highly aromatic; strong flavour; sun or partial shade.



PARSLEY
Darki Curled Leaf

Culinary herb; excellent garnish; key component of bouquet garni; flavourful.



ROSEMARY

Narrow aromatic leaves; exceptional flavour; highly aromatic; use fresh or can be dried.



SAGE

Woolly, silvery green leaves; highly aromatic; lemony flavour; similar to rosemary.



STEVIA

Sugar Love
Sweet herb; good alternative to sugar; bushy plant with small flowers.



THYME

Easy to grow; small dark green leaves; highly aromatic; use fresh or can be dried.

Nature



*Highlight for
2019:*

*Asian Stir
Fry
606 Variety Pack*

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