



2020

Tried and True Organic Edibles



Tried & True Edibles is 100% certified organic. Consumers are rest assured that we follow strict guidelines and code of practice, use only approved products and are inspected by an independent third party.



ARTICHOKE
Imperial Star

Conically shaped; thick meaty petals; thorn less; high yielding. Sweet, mild flavour.



ARUGULA
Adagio

Uniform; bolt tolerant; robust; nutty flavour; extended harvest. Excellent for salads.



BEANS GREEN
Jade

5-7" straight pods; tender & sweet; good yields; stringless beans.



BEETS
Detroit Supreme

Sweet, deep red roots with tasty, smooth, medium tops. Heirloom variety.



BROCCOLI
Emerald Crown

Dense, uniform heads with deep blue-green beads; high yielding crowns. Compact plant.



BROKALI
Atlantis

Hybrid cross between tender broccoli and the ruffled leaves of kale. Small sweet heads.



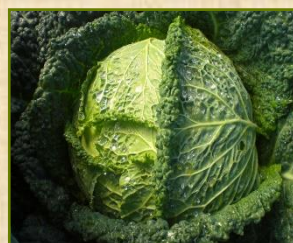
BRUSSELS SPROUTS
Gustus F1

Produces masses of well-formed, mid-green round or globe shaped sprouts.



CABBAGE
Farao

Early producing; medium 3-5 lb heads; uniform; disease resistant . Holds well.



CABBAGE SAVOY
Famosa F1

Bears heavily savoyed, tender, tasty and sweet blue-green leaves. Holds well.



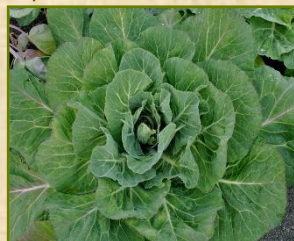
CANTALOUPE
Athena F1

Early maturing; good yields; 5-6 lb fruit; outstanding sweet flavour.



CAULIFLOWER
Bishops F1

Bright white heads; heavy & dense curds; strong vigour. Good for summer or fall crop.



COLLARDS
Tiger F1

Upright; high bolt tolerance; fast regrowth; dark, slightly wavy leaves.



CORN
Krispy King

Outstanding quality; superb crispness and super sweet tasting. Good shelf life.



CUCUMBER
Sweet Success

Past AAS winner; seedless; burpless and bitter-free, crisp and sweet cucumbers.



CUCUMBER
Pickling Calypso F1

Medium dark green fruit; early maturing; compact growing habit. Good pickler.



EDAMAME
Lucky Lion

High yields; high quality; excellent sweet and nutty taste, non- GMO.



EGGPLANT
Emerald Isle

Heavy cropping; small pale and dark green veining fruit; compact plant habit.



EGGPLANT
Nadia F1

Glossy purple, uniform, teardrop shaped fruit; produces high yields. Stake plant for support.



KALE
Lacinato Black Magic

Heirloom; long, blackish dark blue-green leaves. Perfect for kale chips.



KALE
Redbor

Heirloom variety. Finely curled; dark red; 18- 24" tall; vigorous. Cold resistant.

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Did you know? Lettuce is made up of approximately 95% water. Lettuce provides dietary fibers, vitamins A, B9 and C, calcium, copper and iron. Darker varieties provide more nutrients than light green varieties.



KALE-
Vates Blue Curled
Highly decorative; narrow leaflets are blue-green and finely curled. Slow to bolt.



LETTUCE
Bergam's Green MT
Tight uniform heads with frilly dark green leaves. Slow to bolt and holds well.



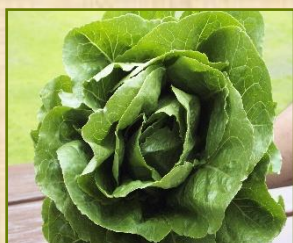
LETTUCE
Continuity - Butterhead
Old French heirloom grown since 1885; bronze/red outer leaves; 8-12" wide round heads.



LETTUCE
Gourmet Salad Blend
Gourmet blend of red leaf, romaine and butterhead. Good for container gardening.



LETTUCE
New Red Fire MT
Beautiful frilly bronze leaves with red margins; slow to bolt. Crisp and sweet.



LETTUCE
P.I. Cos 454 - Romaine
Large thick medium-green leaves. Hearty, crisp and sweet heads for Caesar salads.



LETTUCE
Rouge d'Hiver - Romaine
Very old heirloom; deep red-bronze, flat, smooth leaves.



PEAS
Sugar Ann - Snap
Tender, sweet and crisp snap peas. Extra early production. No trellising required.



PEPPER
El Jefe - Hot
Early fruiting of high quality hot Jalapeno type pepper. Low maintenance.



PEPPER
Habanero Rojo - Hot
Extremely, intense heat; peppers turn from green to red. 100,000-350,000 Scoville units.



PEPPER
King Arthur - Sweet
Large, blocky peppers are sweet, thick-walled and ripen from green to bright red.



PEPPER
Orange Marmalade - Sweet
High yielding, early ripening, sweet and flavourful medium fruit.



PEPPER
Snackabelle Red - Sweet
Apple-shaped fruits, very sweet, ideal for eating raw or for stuffing.



PEPPER
Thai Dragon - Hot
High yields of slender, very spicy red peppers. Perfect for Asian cooking. Flavourful.



PUMPKIN
Dill's Atlantic Giant PVP
Grand-daddy of giant orange pumpkins. The variety of the present world record holder.



RADICCHIO
Sirio
Uniform heads of purple heads; slightly bitter but sweetens in cooler temperatures.



SPINACH
Santorini
Semi-savoy type with dark green leaves; densely textured. Tolerant of bolting.



SQUASH
Buttercup Burgess
Thin, hard rind. Quality fiber free fruit with deep orange flesh. Holds and stores well.



SQUASH
Butternut Waltham
High yields; 3-6 lbs; rich, sweet and creamy orange flesh with nutty flavour.



SQUASH
Zucchini Buckingham
Attractive yellow fruit variety; strong frame; tidy habit.

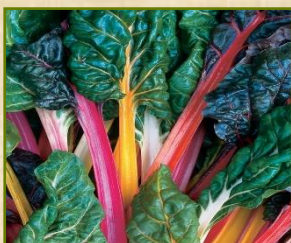
Did you know? Chard originated in the Mediterranean region and not in Switzerland. The word Swiss was used to differentiate chard from French spinach varieties by 19th century seed catalogue publishers.



SQUASH
Zucchini
Noche F1
Very dark green fruit; good yields all season long. Good shelf life.



STRAWBERRY
Berries Galore
Ever-bearing; early blooming; mid-sized sweet red berries. Premium flavour.



SWISS CHARD
Bright Lights
Past AAS winner. Sturdy plant habit. Colourful and exceptional taste.



TOMATILLO
Grande Rio Verde
Husk tomato. High yielding; firm, round fruit. Excellent flavour. Sturdy, compact bush.



TOMATO
Beefsteak
1-2 lbs meaty, juicy fruit. Flavourful; good slicing type. Staking needed.



TOMATO
Black Cherry
Deep purple-black, 1" tomato; excellent sweet taste. Staking needed.



TOMATO
Black Prince
Deep garnet, round 2" juicy slicer tomato. Rich fruity flavour. Staking needed.



TOMATO
Candyland
Dark red, sweet flavour. Currant type tomato. Tidy habit but benefits from staking.



TOMATO
Celebrity F1
Reliable producer of large, meaty, red fruit. Disease resistant. Staking needed.



TOMATO
Early Girl
Bright red, meaty, 4-6 oz fruit. Early fruiting. Good producer. Staking needed.



TOMATO
Green Grapes
Unusual sweet flavour. Beautiful 1" yellow-green fruit. Staking needed.



TOMATO
La Roma
Early and heavy yields of 3-4 oz red fruit. Vigorous and uniform plants. Staking needed.



TOMATO
Legend
Early maturing and large sweet fruit. Resistant to races of late blight.



TOMATO
Lemon Boy
Globe-shaped; bright yellow fruit; slicer; mildly sweet. Staking needed.



TOMATO
Little Bing
Dwarf determinate plant. Large yields of red cherry tomatoes.



TOMATO
Mortgage Lifter
Meaty, red 1-3 lb beefsteak type tomato. Very tasty. Staking needed.



TOMATO
Patio F1
Large 4 oz fruit; dark green foliage; perfect for container planting.



TOMATO
Red Cherry
Bright red; sweet and juicy; 0.75-1" size fruit. Staking needed.



TOMATO
San Marzano
Plum type, 3" deep red fruit. Best paste tomato. Staking needed.

Did you know? Because tomatoes contain seeds and grow from flowering plants, botanically they are classed as fruit not vegetables. In 1893, the US Supreme Court ruled it should be classed as a vegetable.



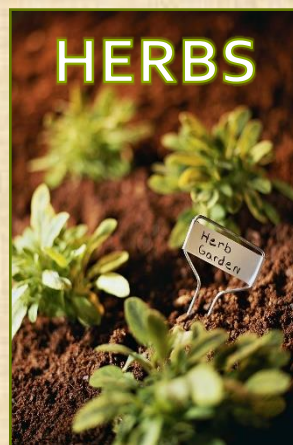
TOMATO
Sugar Gloss
Cherry sized tomato; very sweet and tasty. Exceptional yields. Staking needed.

TOMATO
Sungold F1
Golden orange cherry tomato. Very sweet and juicy fruit. Staking needed.

TOMATO
Super Fantastic
Heavy yields of great tasting, meaty 8 - 12 oz fruit. Staking needed.

TOMATO
Sweet 100 F1
Popular; very sweet; small 1" red fruit. Vigorous. Staking needed.

TOMATO
Sweet Million TMV FN
Small, sweet red tomato. Vigorous and prolific. Staking needed.

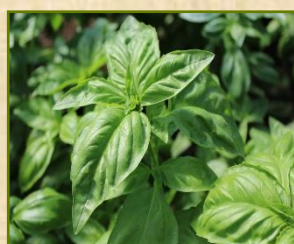


TOMATO
Sweet 'n Neat Red
Extra compact plant habit; high yields. Perfect for containers.

TOMATO
Sweethearts F1
Productive; super sweet; 1.5" grape-shaped fruit. Staking needed.

TOMATO
Tumbler
Heavy yields; sweet. Cascading habit, great for hanging baskets.

WATERMELON
Sugar Baby
Heirloom. Very sweet and crisp; compact vines; 6 - 10 lbs fruit.



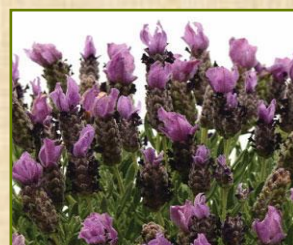
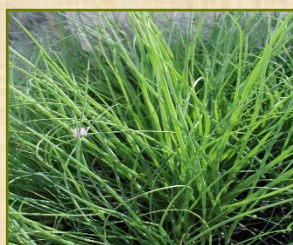
BASIL
Everleaf Emerald Tower
Robust pesto basil. Flowers up to 8 weeks later. Columnar habit.

BASIL
Italian Genovese
Classic sweet Italian pesto basil. Aromatic and robust. Good yields.

BASIL
Newton
Large leaves; sweet Italian pesto basil; no anise aftertaste. Good yields and robust.

BASIL
Red Rubin
Large flat, dark red to purple leaves; sweet and spicy flavour. Purple flowers.

BASIL
Thai
Small, green, narrow leaves and purple stems. Subtle licorice-like flavour. Asian cuisine.



CHIVES
Continual harvest throughout summer until hard frost. Mild onion flavour. Pretty purple flowers.

CILANTRO
Santo
Aromatic dark green leaves. Fast growing. Grows to 12-24" tall. Slow to bolt.

DILL
Fernleaf
Dwarf variety; grows to 18-24" tall. Fine leaves with great flavour. Easy to maintain.

LAVENDER
Bandera Pink
Compact habit with good branching and uniformity; pretty pink flowers all season.

LAVENDER
Bandera Purple
Compact habit with good branching and uniformity; purple flowers all season.

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Did you know? Herbs are plant leaves (fresh or dried) while spices are all of the non-leafy parts of the plant including, flowers, seeds, berries, stems & roots (commonly dried). Dill is both a herb and a spice.



LEMON VERBENA
Fast growing plant. Intense lemon scent; essential oil; perfect for hot or iced tea.



MARJORAM
Delicate sweet yet spicy flavour; milder yet sweeter version of oregano; low growing.



MINT
Mojito
Prized for the popular Cuban drink; fragrant. Low maintenance.



OREGANO
Bushy plant with pale pink flowers; easy to maintain; versatile herb and flavour.



PARSLEY
Dark Italian – Flat Leaf
Highly aromatic; strong flavour; Italian inspired cuisine.



PARSLEY
Darki – Curled Leaf
Culinary flavourful herb and garnish; key item of bouquet garni.



ROSEMARY
Narrow aromatic leaves; highly aromatic; exceptional flavour. Use fresh or dried.



SAGE
Woolly, silvery green leaves; lemony flavour. Highly aromatic; similar to rosemary.



STEVIA
Sugar Love
Sweet herb; good alternative to sugar. Bushy plant.



THYME
Easy to grow; small dark green leaves; highly aromatic. Use fresh or can be dried.



ASIAN STIR FRY
Consists of Baby Bok Choy and Shanghai Bok Choy. Perfect for Asian inspired cuisine.



CABBAGE PATCH & PALS
Consists of Broccoli, Brussels Sprouts, Green Cabbage, Savoy Cabbage & Cauliflower.



COLOURFUL VEGGIE GARDEN
Consists of Swiss Chard, Red Beets, Lacinato Kale and Red Romaine Lettuce.



HEIRLOOM SALAD
Consists of Red Romaine, Blue Curled Kale and Lacinato Kale. Heirloom varieties.



RAINBOW CAULIFLOWER
Gourmet mix of Orange, Purple and Green Cauliflower. High in vitamin C.



SIGNATURE SALAD
Consists of Green Leaf, Romaine and Red Leaf Lettuce. Excellent garden performance.



SUPER FOOD
Power combination of Lacinato, Redbor and Blue Curled Kale. Highly nutritious.



TUSCAN GARDEN
Consists of Spinach, Blue Curled Kale, Swiss Chard and Red Beets. Mediterranean inspired.

